

CURRICULUM

Júlio António Guimarães Cabrita Matias, born in Cascais (1972), graduated in Medicine from Universidade de Coimbra (1990-96 with a final average of 80 percent) and holds professional license # 36935. Specialist in Plastic, Reconstructive and Aesthetic Surgery (1999-2004 at Hospital de Egas Moniz) after carrying out Public Examinations (Final score of 97.5% – Decree Law 141 of 25 July 2005, 2nd Series 10/39).

In 1999, Mister Matias was placed in the department of Plastic, Reconstructive and Maxillofacial Surgery at the Centro Hospitalar de Lisboa Ocidental (C.H.L.O.), where he currently holds a position as Graduated Consultant. Divide his hospital activities between Hospital de Egas Moniz and Hospital de São Francisco Xavier. His private activity is in Corporation Dermostética (since 2019) as the Clinical Director and at Hospital St. Louis, as Clinical Director of the Institution (since 2012). He is a managing member of the Portuguese Society for Plastic, Reconstructive and Aesthetic Surgery, serving as President of the General Assembly for the period 2023-2025 (positions from 2011 and as President in the period 2021-2023). Also has been manager of the Plastic Surgery Specialty School of the The Medical Association (form the period 2017-2023).

MEMBER OF THE FOLLOWING SOCIETIES

SPCPRE – Portuguese Society for Plastic, Reconstructive and Aesthetic Surgery www.spcpre.pt

SCM – Medical Science Society www.scm.pt

ISAPS – International Society for Aesthetic Plastic Surgery www.isaps.org

GMC UK – General Medical Council of United Kingdom www.gmc-uk.org

EBOPRAS – “European Board Plastic Reconstructive and Aesthetic Surgery” [after taking International Examinations in Porto www.ebopras.org – receiving his Diplomate in 2004]

From a scientific perspective, Júlio Matias has participated in 38 international courses (+12 national) and has presented 16 works in international conferences as author (+48 as co-author) and 30 works in national meetings as author (+50 as co-author) within the context of his specialty. He has participated in the organization of 4 national and 3 international meetings.

He collaborated in 9 training courses and lectured as guest attending physician in Normal Anatomy at the Faculdade de Medicina Dentária de Lisboa (1999 to 2002).

His surgical activity includes approximately 12800 interventions, with his private activity currently focused on aesthetic surgery of the face, breast and body contouring. His hospital activity concentrates especially on reconstructive plastic surgery, with special emphasis on maxillofacial surgery, breast reconstruction and paediatric plastic surgery.

Last revised – December 2023